



Three rambling routes leading off from the *Pazo*

The best views from Monte Castelo

We leave the *Pazo* from the main gate and make our way along the track that passes in front of the old chapel and the spectacular *cruceiro*¹. Following the road, we turn left and take the second fork to the right to cross the old Romanesque bridge and then turn right again to go through the A Barrela district. On catching sight of a cross erected on a granite outcrop we turn left until we come to the first house in Guistilán. There, to the right, we set off along an unsurfaced track always heading to the left and following the instructions that are painted in green until we pass the forest ranger's house.

We scale the slope like old folk so that we can reach the summit like youngsters and appreciate the spectacular scenery from the vantage point, where we can discern the entire valley of Landro, with Galdo, Landrove and Viveiro in the background. We then carry on a while longer along a track that emerges from the right and follow it to the top of the hill, which we

¹ A *cruceiro* is a stone cross.

surmount next to a small chapel, the one that takes its name from the ancient Druid San Miguel, from which we can make out the Boroughs of Oulol and Viveiro and the 15 knolls or small natural hills that surround the valley.

We then proceed to go back the way we came to complete the 10 kilometres of a route that only requires the walker to be in reasonable physical form and to feel like casting his or her eyes upon a wonderful landscape.

Route along the River Pequeño

We set off from the car park gate and almost opposite we decide to take a small earth path that we will follow until it ends, before turning first to the left and then to the right, by the side of a small urn that contains a Cristo de Mequiné. To the left lies the cemetery, the display of stonemasons, and once on the road we turn left and just beyond a nursery of fruit trees, the road veers to the right, between fields, and we follow the track as far as the River Pequeño, literally the Small River, and that is exactly what it is.

We then follow the watercourse, crossing a channel that drains away the water from mill until we reach a cement bridge overlooking the houses constructed by those who returned from the Indies, sporting a Cuban style architecture. After passing through Guistilán, we reach the Cristo de Landrove on the main road, there are more houses constructed by those who returned from the Indies and at the crossroads we follow the signpost that indicates the way to "Galdo, Pazo da Trave", climbing up to an old hermitage erected in honour of San Martiño. Then, it is a question of taking the second track to the right and following the road from the left that ends up in the A Trave de Abaixo district; once we have passed through this neighbourhood we have almost found our way back to the Pazo. Six kilometres, two hours walking at a steady pace.

A walk along the banks of the River Landro to Viveiro

We leave the Pazo through the car park gate and turn left to follow the road until we reach the bridge and the jetty.

We cross the bridge and reach the starting point of our riverside walk in Portochoa, Magazos, which running alongside the River Landro will take us as far as As Aceas, in Viveiro. In doing so, we will have passed through A Panela, a bird sanctuary, and the monastery at Valflores, on a 4-kilometre walk that takes about an hour to complete, with no difficulties or complications, all pure enjoyment.